

# I can do anything

**The world sometimes pressures girls to shrink themselves – to be smaller, quieter, or less.**

But not here. Here, we dare to take up space, dream without limits, and lead with purpose. Use these questions as your launchpad.



1. What do you believe your strengths are?

2. What kind of impact do you want to have on the world or people around you?

3. What would your most authentic, happiest life look like 10 years from now?

4. What beliefs or fears do you want to let go of to grow into the person you want to be?

5. What does empowerment mean to you?

6. What images, words, quotes, and symbols reflect your dreams, goals, and values?

What words, colours, or pictures would show your dreams and goals on a vision board? Use the other side of this topper to create your vision board or make it however you'd like.